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reunion

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Metro  
Edition

## CITY NEWS

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New Jersey  
NAACP to  
celebrate  
Rosa Parks

Photo by Glenn Frieson

By Gilda Rogers  
Staff Writer

NAACP State President Elaine C. Harrington, along with convention chairperson Marguerite Chambers, are ready to roll out the red carpet for the year's state convention — "A Grand Finale" of the 20th Century will be held on Sept. 24-26 at the Radisson on Fairfield.

This grandiose event will honor the "Mother of the 20th Century Civil Rights Movement," Rosa Parks at 7 p.m. on Friday at the gala awards banquet. She will be presented as the Grand Honoree, along with a host of other stars — many who have been invited to receive Special Celebrity Awards. Other branches of the NAACP throughout the state and volunteers including youth will be recognized also.

Workshop sessions focusing on issues relative to empowerment and education have been planned with an emphasis on education. Census 2000, NAACP Leadership, political participation and police Relations. These sessions are designed to spawn resolutions that are expected to be approved at this year's convention. These resolutions will navigate the projected and future action for the NJ State Conference of the NAACP.

Julian Bond, Chairman of the National Board of Directors of the NAACP and staunch Civil Rights activist will be the feature speaker at Saturday's Convocation at 10 a.m. and at 12:30 p.m. This segment of the convention will honor those businesses which have been supportive of the NAACP, along with Convention Underwriters. The election of State Officers and Executive Committee Members is also on tap for Saturday.

For 90 years, the NAACP has been at the helm of making

## Booker's gonna work it out

By Jean Pierre  
Staff Writer

NEWARK — In an effort to rid many of Newark's housing projects of poor maintenance, drugs, and crime, Councilman Cory Booker recently stepped to the plate to end the city's worst housing facility — Garden Spires.

Booker, along with volunteers from area religious and community groups and law enforcement, spent a week holding court at the Garden Spires Apartments' parking lot.

The agenda was to take back the building from the negative element that has plagued the 30-year-old complex for years. Booker, who conceived the idea, feels something has to be done.

"The people are sick and tired of being sick and tired of the conditions in this building," said Booker. "Something drastic has to be done because tenants live in fear."

During the week long stay, Booker and his volunteers heard the concerns and cries of the residents, and the city's deteriorating climate. For Mabel Jones, it was time to let out some steam. "I can't take the drugs! The shootings! The harassment! It's



Photo by Glenn Frieson

Newark Councilman Cory Booker and residents greet supporters of Booker's first demonstration against drugs, crime and deplorable conditions for Newark's public housing residents.

scary walking in and out of this building everyday," said Jones, who has lived in the building since 1981. "I don't know how much I can take at my age. God is pulling me through."

The shootings, drug dealing, and

harassment is not the only problem, the

buildings deplorable interior and outside maintenance has been many of the tenants common complaint.

Malfunctioning elevators, mice and roaches in the apartments and broken glass spread throughout the parking lot,

has made it unsafe and unhealthy for

everyone, especially children who play there.

"People have been complaining for years for change in the buildings, but the owners would ignore it," said Chris Rogers.

"This is very helpful. If he (Booker) didn't do this, everything would still be the same."

Booker and his staff also offered several activities and workshops including a group session with the youth of Garden Spires.

"The youth need an open dialogue to voice their opinion about the issues affecting them," said 35-year-old Munirah Booker, volunteer youth organizer who started the Newark branch for this program. "We want them to feel empowered through recreation, life-skills, and tutorial programs that will shape their lives."

Booker plans on targeting other apartment complexes in the city that are going through the same situation with crime and drugs. For eight-year-old Cheryl Hill, she hopes the bad guys don't come back.

"I'm not worried about being shot," said Hill. "Do they ever think about the kids. I'm human too."

## 'They just took my son's life. I want theirs.'



Photo by William Frazier

Earl Faison's step-mother, Sagirah Williams urged cops to confess.

## Mothers labor tirelessly to stop rash of unjust killings

By Carl Chase  
Staff Writer

Sagirah Williams wept bitterly for Earl Faison from the start of the prayer vigil that descended on the Orange Police Headquarters on Thursday August 19.

After the prayers, the quiet stepmother had a chance to speak but simply looked at her feet and shook her head from side to side. A supporter said, "She can't say anything."

Faison, an aspiring rapper, was killed in April in the custody of Orange Police. Arrested on illegal possession of a handgun, he was suspected of killing Officer Joyce Carnegie, a popular policewoman whose murder sparked a wide manhunt that spanned the state of control. His confessed killer, a local man with no resemblance to Faison, was convicted of the murder last spring.

Faison, 27, was beaten and robbed while in handcuffs, one Orange policeman told federal investigators, according to news reports. Then, despite his chronic asthma — and police claims that he was maced during a struggle and collapsed

later on — he was reportedly suffocated by pepper spray applied to his nose and mouth.

Crying, Faison's fiancee, Mikki Wilkins, turned furious during the vigil. Torn between the pain his death had brought, and that the two never received an apology. "The real victims are my kids," she

demanded an apology!"

Some 80 protesters marched up the steps, and as many as were able, into the tiny lobby, repeating their demand.

The next day, deposed Essex County Prosecutor Patrick Harte responded. Harte had refused to apologize for the badly botched Carnegie investigation.

Orange Police Director Richard Conte said Orange's own brutality probe was taken over by the state Attorney General and that Orange's segregated OPD "does not condone misconduct and will take any and all appropriate action should the facts substantiate wrongdoing," he said in a written statement.

Numerous members of the Coalition Against Police Brutality, a group of community organizations sponsoring the demonstration, demanded strong police review boards to monitor local police and State Troopers. They plan a demonstration at the State Police Barracks in Bloomfield at noon Saturday, August 26, exactly 36 years from the 1963 March on Washington.

See Mothers page A3

## Newark schools get \$1.2 million technology boost

By Carl Chase  
Staff Writer

The Newark Public Schools last week got back \$1.2 million of the telecommunications bills paid to Bell Atlantic.

With 87 percent of students eligible for free or reduced lunch, it is no surprise that Newark is entitled to reimbursements of about 85 percent of the "phone bill" for its 82 schools, libraries and various sites in the 82-school system.

Last year, the school district paid about \$1.4 million for telecommunications services alone.

What may surprise many is that Newark, well along in its ambitious long-term plan to provide the best of cutting-edge computing and distance learning, well outpaces many suburban districts.

"The superintendent is committed to enhance much learning technology as makes sense," said Paul Mailoux, the head of the school system's information services department.

At the Wilson Avenue Elementary School, for instance, there are plenty of computers and Internet technology to tie them together.

There, "the kids are uninhibited by all the computer technology," says Superintendent Marion Bolden, who helped the teachers to move along."

"Districts that you'd think would be way ahead of Newark in technology are way behind," said Richard H. Smith, senior account manager at Bell Atlantic's Network Services division.

All the schools should be that way, Bolden said, adding that already, all 8th, 7th and 8th-grade class have three or four computers, she noted. "We have to get beyond stand-alone (computer) labs."

But the fact is that districts with just a few students (under 1 percent) can only get reimbursed for about 20 percent of the phone bills they pay.

Smith said a great many districts have not bothered to apply for the funds, "and it's just sitting there waiting for them."

But Mailoux doggedly carried the program to fruition, said District Superintendent Anzela Nelsons.

Bell Atlantic Regional Vice President Kathleen Sullivan has followed Newark's arduous steady progress through arduous meetings and negotiations to, finally, millions. "It takes a lot of coordination to get that to happen," she said after presenting the check in a special meeting.

Many districts have invested large sums in older technology and are held back by the need to upgrade and work around them, Mailoux said.

About 2 1/2 years ago, Mailoux continued, "From a technical standpoint, we were unfortunate that we had nothing, but we're fortunate because we had nothing. We didn't have to integrate with what was already installed."

The money, from the Universal Service Fund established by the Clinton-Gore Act of 1996, is the first installment to come through Bell Atlantic.

Newark already has applied for another \$473,265 for the first half of the year, and expects to get it.

In all, the district expects to receive nearly \$3 million more, including reimbursements from Bell Atlantic, AT&T, Compaq, VanStar, and Ciber Inc.

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## Community Calendar

WEDNESDAY, AUGUST 25

**EAST BRUNSWICK** — Home Depot Hardware Store hosts a "how-to-do" seminar on installing a lockset: 7 p.m. (732) 257-2800.

**NEWARK** — The Newark Museum hosts a silver anniversary celebration of the Printmaking Council of New Jersey, 1 p.m. (973) 599-6532.

**HOLMDEL** — The New Jersey Veterans Veterans Memorial Foundation will feature Paul Drury, author and former combat infantryman, Vietnam Era Educational Center.

Exhibit 116 off the Garden State Parkway, adjacent to the PNC Bank Arts Center. 7 p.m. (732) 335-0033.

**NEW YORK** — The Museum of the City of New York hosts an exhibit on the life of actor/activist Paul Robeson. Call (212) 534-1672 for time and information.

**NEW YORK** — The Metropolitan Museum of Art hosts an exhibit of the American Collection of drawings and paintings. Call (212) 535-3921 for time and information.

THURSDAY, AUGUST 26

**EAST BRUNSWICK** — Home Depot Hardware Store hosts a "how-to-do" seminar in plating solder for homes. 7 p.m. (732) 257-2800.

**PRINCETON** — The Princeton African American Chamber of Commerce hosts its Second Annual Golf Classic at the Princeton Country Club. 10 a.m. (609) 393-9393.

FRIDAY, AUGUST 27

**EAST BRUNSWICK** — The Home Depot Hardware Store hosts a "how-to-do" seminar in laying and measuring patio pavers. 7 p.m. (732) 257-2800.

**SUSSEX** — The Sussex Air Show is a day long celebration of world-class planes and flying with some of the best pilots in the world at Sussex Airport through Aug. 29. Call (973) 875-7337 for time and information.

**NEWARK** — The Newark Downtown Development and the Newark Municipal Council presents the Black Widow Blues Band at Miller Plaza, part of the Sweet City Summer Luncheon Concert Series. 12 p.m.

SATURDAY, AUGUST 28

**BELMONT** — The annual New Jersey Road Race brings thousands of New Jersey residents together for a hard knock to competition (run) at the Belmont Chamber of Commerce to the

coastfront. Call (732) 681-2900 for time and information.

**SOMERSET** — The Second Annual East Coast Lure & Scale Train Show takes place at the Garden State Exhibit Center through Aug. 29. 10 a.m. (732) 469-4000.

SUNDAY, AUGUST 29

**SEASIDE HEIGHTS** — The annual Barnegat Bay Crab Race and Festival returns with fun games, food, and entertainment for the whole family at Veterans Field. Call (732) 349-0220 for time and information.

MONDAY, AUGUST 30

**PLAINFIELD** — The Plainfield Senior Citizens Center hosts a film festival to all seniors. 12:30 p.m. (908) 753-3500.

**SCOTCH PLAINS** — The Annual John Shipp Memorial Golf Tournament takes place at the Shattuckamox Country Club. Call (908) 522-5485 for time and information.

TUESDAY, AUGUST 31

**LINCOLN** — The Monmouth County Park System will host a trip to the American Museum of Natural History. Call (732) 542-4000 for time and information.

**PLAINFIELD** — The Plainfield Senior Citizens Service Center hosts a birthday for seniors born in August. 1:30 p.m. (908) 753-3500.

WEDNESDAY, SEPTEMBER 1

**CRAFORD** — Union County College hosts a workshop on financial aid. 6 p.m. (908) 709-7141.

**BROOKLYN, NY** — The Annual West Indian Day Parade is a honored tradition bringing all the Caribbean Islands together this joyous celebration starts at Eastern Parkway and ends at Flatbush Ave. Call (718) 467-1797 for time and information.

**NEW YORK** — The American Museum of Natural History hosts an exhibit on infectious disease through Sept. 6. Call (212) 769-5800 for time and information.

THURSDAY, SEPTEMBER 2

**PLAINFIELD** — Union County College hosts a workshop on financial aid. 6 p.m. (908) 709-7141.

## Bloomfield College names new vice-president



BLOOMFIELD — Linda C. Epps of Newark was recently named Vice-President for College Relations at Bloomfield College in Bloomfield. In her role as vice-president, Epps will be responsible for directing the institution's development efforts and external relations activities. Epps joined Bloomfield College in 1976 as a tutor in the Upward Bound Program. In 1980, she became the program's Assistant Director and Curriculum Coordinator. She helped create the Student Training Empowerment Program (STEP), which nurtures student leadership and responsibility roles. She is also the founder of the school's Urban Mission Project, in which she helps students use the arts to portray Newark's history.

## Woodard is "Employee of the Month" for August



NEWARK — Recently Robert Woodard was awarded Employee of the Month for August by the City of Newark. Woodard, a Newark native, graduated from Malcolm X Shabazz High School and Howard University. He began his career with the City of Newark's Budget Office in 1988. Last year, he transferred to the Division of Tax Abatement and Special Taxes, where he has remained ever since. Woodard is also a volunteer for the local Pop Warner Football team and works as the Assistant Defensive Coach. He helped the team finish fourth in the nation.

Monmouth County brings recreation to urban communities



ASBURY PARK — Recently a group of youngsters from Monmouth County attended an inline skating clinic as part of the county's summer Mobile Recreation Program. Initiated earlier this year by the County Park System's, the Mobile Recreation Program gives kids in urban communities recreation opportunities that were, until now, and complements local urban recreation programs. Not content to just bring recreational opportunities to the youngsters, the Park System also brings the youngers to county parks and beaches. Pictured here are some of the youngers, right, demonstrating the finer points of inline skating to the children attending the summer program at the Bradley Elementary School in Asbury Park.

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# EDITORIAL

## Life: respect factor

The gift of life — honoring the birth of a newborn through the gift of a baby shower. "A Celebration of Life" was the theme of the black-tie affair/birthday party to honor a dear friend. Besides both events occurring on the same day and I had the pleasure of attending them both, I found it quite ironic that, life, was the theme for both events. I showed up. We often take life for granted, because we get so much of it. We don't realize how fragile it is. I know we get so much of it. And it's certainly not about all the money, dollar and material things we tend to think are the most important aspects of living. Don't get me wrong, money is a good thing — it's just not the most important thing, if you get my drift. Stay with me on this. Love and family, yes that's what's all about and being the best person you can be each and everyday by demonstrating and extending love to family and friends. We all love babies and parents and adults are the ones responsible for raising these precious ones. How can we effectively promote the life we receive? We can do this in a kind of advancement, if you will. If we have gotten it straight ourselves. Just like the other day my daughter attended her girlfriend's "Sweet 16" birthday party, the gift we purchased came from a cheap discount store with the store's name embossed on the bag. Last minute, Anne is what my mother has always called me so I didn't have time to take the gift home and wrap it. At first I told my daughter to take the gift out of the bag and just present it. But then I thought, if she takes the gift out of the bag and just presents it back in the bag and give it to her. Now I would have given my daughter all kind of wrong vibes had went with the first plan — superficial. It didn't matter where the gift came from, what mattered was the thought. In a fleeting moment life bursts onto the scene and in a nanosecond it can be over. We waste a lot of energy and place a lot of importance on things that when it's all said and done, won't mean a thing. Now, I am not saying that we should not like other. All the guys we have dated in our lives and the ladies in their families. We all have brought my friend's life, who is fighting with all the courage and grace he can muster up to stay alive, since being diagnosed with Non-Hodgkin's lymphoma. He has helped me put life and living in illuminating perspective. He'd trade money and things for a breath of life any day. And that's right. So the next time you start wiggling out over those things you swear are so important — get a grip, take a deep breath and count your blessings!

## From politics to protest

By Dr. Manning Marable

More than three decades ago, Bayard Rustin, the principal architect of the 1963 March on Washington, D.C. had a vision that the time had come for the Civil Rights Movement to move away from its focus on civil disobedience, economic boycotts and social protest.

The passage of the 1964 Civil Rights Act and the 1965 Voting Rights Act had opened up opportunities for African Americans to make the transition "from protest to politics."

The goal was no longer to pack the jails. Now it was to mobilize voters for the election of black officials. In a 1966 essay in *Commentary*, "Black Power and Black Politics," Rustin urged blacks to "say yes" to the Democratic Party — the party of protest.

Since the passage of the Voting Rights Act, the number of black elected officials nationwide has soared from barely one hundred to ten thousand. The number of African Americans in Congress has increased eight-fold. And despite legal desegregation and the partial integration of U.S. civil society, millions of black, brown and poor Americans continue to feel disengaged by the 2-party system, and by conservative policies pushed by both the "Contract With America" Republicans and the "new Democrats" represented by President Clinton.

The present leadership candidate for the Republican presidential nomination — George W. Bush — has had a substantial lead in public opinion polls over Vice President Al Gore. There is some speculation that former New Jersey Sen. Bill Bradley would be a stronger Democratic challenger against Bush. But the question at the national level is why? I believe that the question of whether Bush, Gore or Bradley will succeed Clinton in the White House is really the wrong question.

Since the Clinton-Gore administration's disappointing record on issues like welfare "reform" and health care, it will be extremely difficult to convince more than 40 percent of the black registered to turn out in November, 2000. Much like David Dinkins' failed bid to be elected by Rudolph Giuliani in the 1993 mayoral race in New York City, it may be impossible to scare Democratic "core voters" into voting for a politician who does little to inspire their hope for a better life.

Gore and Bush clearly seek different paths to be elected. Gore's policies are real and understandable, except, perhaps to the sectarian left. Nor am I saying that electoral politics is unimportant. I'm old enough to remember when the vast majority of African Americans couldn't vote and I am not nostalgic in the least for Jim Crow segregation.

It is, rather, the overemphasis on electoralism itself, at the expense of other forms of political engagement.

Dr. Manning Marable is a professor of History and Political Science, and Director of the Institute for Research in African-American Studies at Columbia University, New York City.

## OPINION

### Unanswered questions haunt Atlanta child case

By Barbara Reynolds

Almost 20 years after Wayne Williams' conviction for the nonwhite Atlanta child murders — even as new violence this summer leaves 23 people dead — evidence is surfacing that may prove Williams innocent.

Recently the Georgia Supreme Court ordered a lower court to revise the case based on his lawyer's claim of prosecutorial misconduct and ineffective trial lawyers.

Williams was convicted in 1981 of killing two Atlanta Blacks. However, police said evidence linked him to the murders of 30 others. At the time of Williams' conviction, he was the only son of Atlanta public school teachers and was vigorously pursuing a career as a performing artist manager. He was also slightly built and appeared an unsuitable match for strangling guys much bigger and older than him. The case was closed, but Williams has remained a mystery for the past 14 years. The current court, based on the evidence, must grant Williams relief; either a new trial or dismiss the indictment against Williams, Whaley said.

Williams' defense attorney, Mr. Whaley, has been fighting for Williams pro bono. He says evidence clearly shows his client is innocent, and he's raising the money for new DNA testing that will determine his case.

"We've got his hair. We've got his head hair. We've got dog hair. We've got blood," Whaley said. "All these things rule out Williams. Now the science is irrefutable. Some of the evidence Whaley says will eventually prove Williams innocent."

The prosecution withheld from the defense a Georgia Bureau of Investigation (GBI) file which implicated the Ku Klux Klan in a conspiracy to kill young black males and females. This included a taped conversation between a Klan member to the man or one of youths Williams was accused of killing.

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The prosecutor withheld the file by presenting testimony that dog hairs found on the bodies of a number of the victims were from a Georgia Klan. But when evidence emerged showing the hairs were from a mink or a husky. Moreover, investigation that a Klan member under investigation by the GBI also owned a mixed mink and husky was withheld.

"Evidence by the son of one of the victims that his father was in one of the victims that his father was in one of the

cases is the proof that Williams is innocent," Whaley said.

Williams' conviction and lengthy prison sentence are the result of a political alliance between the right and the left. Williams was largely become divorced from the activist traditions of social protest. We need to think about the presidential campaign in 2000 not from the vantage point of whether we can elect Bradley or Gore, but how we can elect a third party candidate. Williams' lack of political experience and the lack of the power of political parties in the killing of his son.

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## BUSINESS CALENDAR

FRIDAY, AUGUST 27

ATLANTA — The Mobil African American Women on Tour conference series arrives at the Peach State with a seminar on investing at the Atlanta Hilton and Towers. Call (800) 564-AAWT (2295)

WEDNESDAY, SEPTEMBER 8

ATLANTA CITY — The Distribution Company Expo '99 at Atlantic City Convention Center. Call (800) 338-4112

CHICAGO — U.S. Small Business Expo '99 at the Thompson Annual Entrepreneur Women's Conference at Navy Pier. 7:30 a.m. (800) U-ASK-SBA

THURSDAY, SEPTEMBER 16

ATLANTIC CITY — The Atlantic City Convention and Visitors Authority hosts the Action Sports Retailer Trade Expo at the Atlantic City Convention Center.

MONDAY, SEPTEMBER 20

ATLANTIC CITY — The National Minority Supplier Development Council hosts EXPO Opportunity '99 at the Tropicals Resort & Casino. Call (215) 893-9977

TUESDAY, SEPTEMBER 23

MIDDLETOWN — The Monmouth County Planning Board's Recycling Division offers its "Master Composter" Training program through Sept. 25. Taun Park Call (732) 431-7460

SATURDAY, SEPTEMBER 25

PLAINFIELD — The "Bridge Builders to Homeownership" hosts a workshop on homeownership for residents at Plainfield High. 9:30 a.m. (908) 239-1902

SUNDAY, SEPTEMBER 26

PHILADELPHIA — The National Association of African American in Human Services Conference takes place at the Doubletree Hotel. Call (215) 684-1008

JAMESBURG — The New Jersey Business and Industry Association will host Project 2000 at the Rancocas Country Club. Call (609) 365-7787

TUESDAY, SEPTEMBER 28

ATLANTIC CITY — The 30th Annual International Test Conference A conference for electronics companies and gauges at the Atlantic City Convention Center. Call (609) 445-7126

# Build yourself a financial fortress for the long term

By Karen Enslie

Even for "just ordinary folks," becoming financially independent should not be considered a dream; it's important to make it a goal and a priority. The path to your goal is not only simple, but leads surely to financial success.

Many have heard of the book "The Millionaire Next Door," which focuses primarily on the habits of middle business owners. The more recent "Getting Rich in America: 8 Simple Rules for Building a Fortune and Keeping It" by Robert Kiyosaki describes dozens of strategies that apply to people of more modest means.

It offers suggestions anyone can follow to improve their finances with a desire to improve their financials with follow.

1. Think of America as the land of choices. Organize your life with the mind of a business. The authors explain the importance of hard work in getting ahead. "The greatest good fortune you will have lies within you: your knowledge, skills, and attitudes that take constant cultivation and upgrading.

note the authors.

2. Take the power of compound interest seriously, and save aggressively. Most Americans have a fortune from their own labor alone. Only with compound interest can very small sums of money grow handsomely over time.

3. Resist inflation. Serious saving, or "frugality," the book states, "clearly requires some sacrifice." There are certain differences between needs and wants, and specific ways to reduce spending and thus free up money to invest. Saving \$5 per week with compound interest ages 23 to age 67 will yield \$85,000.

4. Get a good education. It's among the best foundations for financial success. Learn a skill that is in demand you'll command a premium salary from employers. Lifetime learning is important for computer health.

5. Get married and stay married. The authors note that marriage and wealth are positively related. While you don't have to be married to be wealthy, married couples on average have more wealth and better health.

1. Use singles...

2. Take care of yourself. Nutrition, exercise, adequate sleep and other healthy choices are crucial to financial health. Improve your health and you save money, so deal with obesity don't smoke.

3. Take prudent risks. Invest in stocks for long-term goals. The authors suggest a diversified index fund for their low-maintenance approach, diversification, and low expenses.

4. Strive for balance. The importance of a positive attitude and obeying your personal principles can't be overemphasized. This is giving "back" to others is crucial. The authors note that the eight rules are a tall order. They both have fallen down on several of them. So use the rules as a guide — don't expect perfection.

**MONEY 2000 SOURCE** sponsored by Rutgers Cooperative Extension. MONEY 2000 is designed to increase the financial well-being of New Jerseyans through increased savings and reduced household debt. For further information, contact Enslie at Rutgers. (908) 654-9854.

## Money Matters

# Think 10-10 wins? Don't bet on it!

By Karen Enslie

For the past two years or so, it seems like we've been bombarded with advertising for "10-10-XXX" (a.k.a., dial-around) calling plans. Recently, the results of a study of "10-10" calling plans conducted by Consumer Action became public.

After examining 11 widely-advertised "10-10" calling plans, Consumer Action concluded that you might save money using these plans but you might also pay more. The benefits (if any) of "10-10" plans depend upon which long distance carrier and calling plan a person currently uses and his/her typical calling patterns (e.g., length of calls, time of day, U.S. vs. international, etc.).

## Look out for monthly fees

Consumer Action, a San Francisco-based consumer advocacy group, advises consumers not to use dial-arounds for interstate calls unless you are sure they charge no monthly fees or per-call minimums. Instead, find a long distance calling plan with a traditional carrier. One reason is pure convenience. Dial-around plans require consumers to dial seven digits before a toll-free number, for a total of 18 digits.

## You could pay even more

So, if someone in your household forgets to dial the proper number sequence, and you haven't signed up for a discount calling plan with your primary carrier, you could end up paying basic long distance rates — the highest rates of all.

In addition, "10-10" plans with net rates can be costly. For example, the 10-10-229 plan charges a flat rate of 99 cents for 20 minutes. This means that, whether the call lasts one minute or 20, you pay 99 cents. This is the case even if an answering machine picks up the call and you never get to speak with anyone directly.

The terms "10-10" and "dial-around" originated with long distance company access codes that you can use to bypass your primary long distance carrier. Consumer Action stated, "Canceling on consumers' behalf bypasses these subsidies and puts more money on the scene about 10 years ago and now about \$2 billion annually."

Just as many store-label foods are made by nationally advertised manufacturers, many "10-10" companies are owned by major long-distance carriers. For example, AT&T owns the "Lucky Dog" dial-around that promises consumers a chance to win prizes when you use 10-10-345 to place a call. MCI WorldCom owns 10-10-321 as well as 10-10-229.

According to Consumer Action, only two major "10-10" plans do not charge flat rates. They also note that interstate long distance rates ranged from 3 cents per minute anytime to 28 cents per minute for daytime calls of less than 10 minutes duration.

Several "10-10" plans have pricing structures based on the time of day and/or length of a phone call. Where they seemed to excel, however, was in rates for overseas calls. Consumer Action advises that you cancel on your behalf and dial-around to your primary carrier's international calling plan, however.

Like all consumer purchases, the watchword for "10-10" calling is "Buyer beware!" You get no guarantee of saving money with "10-10" calling.

Karen Enslie appears courtesy of Rutgers Cooperative Extension.

## Black chamber: a 'national watch' Targets Turner Construction in 35 states

By Carl Chase  
Staff Writer

WASHINGTON — Disappointed in the minority participation in construction of a baseball stadium in Louisville, Kentucky, the National Black Chamber of Commerce is conducting a "nationwide" of Turner Construction, the national firm that is lead contractor on the project.

"We want an audit on every public project Turner Construction is doing in this nation," says NBCC President Harry Alford. "We have been led to, bamboozled and directed concerning the issues of subcontracting and hiring on Slugger Stu-

dium in Louisville. We don't take minorities lightly, this may be indicative of activity elsewhere."

Turner Construction claims 26.8 percent minority/women-owned subcontractors on the project and to have fulfilled the minority hiring goals of the city.

Turner Executive Vice President Mervin Mantel claims a long record of aggressive minority subcontracting, including clauses for subcontractors "I have absolutely no concern that we will be vindicated."

"We have found no subcontractors they list and we find no official record of minority hiring through the Human Rights Commission," an

official of the chamber said.

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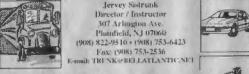
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# Countdown to 2000

# Important Community Announcement

## CITYNET 2000

*"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty and the pursuit of Happiness."*

— Declaration of Independence

Having celebrated the last Fourth of July of the 20th century, we encourage the citizens of New Jersey, particularly those in black and urban communities, to take a stand for the betterment of our communities by proclaiming our independence from those things that have kept us from reaching our full potential.

We invite you to join with communities across our great state as we sow the seeds of freedom and justice now, to reap a great harvest for ourselves and most importantly for our children. This joint venture for our freedom is CityNet, an initiative of City News Publishing Company.

CITYNET is a deliberate and sustained initiative to build and unite New Jersey's black and urban communities. The three primary objectives are to foster, encourage, and support the broad-based exchange of information, to create and produce a comprehensive array of inclusive statewide programs, and to publicly recognize all levels of achievement, both individual and collective.

By joining together all segments of our state's population in this new initiative, we believe that renewing our efforts for educational excellence, better employment opportunities, healthy lifestyles, affordable quality housing, spiritual renewal, economic development and civic pride, among other concerns, are achievable goals.

From Paterson to Camden, CityNet will serve as the community center which unites the gospel of the church with the reformation of the education system; the voting drives in the political arena to the accumulation of wealth in urban communities. CityNet will reflect the spirit of the city and the people and forces that keep that spirit alive.

Join us in declaring our independence and celebrate the struggles of our ancestors by proclaiming a new vision of the future.

Just sign your name to be published in City News as your commitment to our collective efforts in helping our black and urban communities grow and prosper in the new millennium.

I declare my commitment to the growth and development of our black and urban communities in the new millennium.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Please return to City News Independence, 111 Mulberry St., Suite 1F, Newark, NJ 07102 or fax to (973) 642-5444.

*Declare your independence.*

## Local Briefs

## Sex offenders caught in Plainfield

PLAINFIELD — Recently Plainfield Police responded to the 900 block of West 3rd Street on a report of a person who had been sexually assaulted. The 33-year-old female resident of Plainfield, New Jersey, who stated she had been sexually assaulted by two males. The victim explained that she was walking in the 300 block of West Front Street when a car with two males stopped on the side of the street. The actors told the victim they had to stop by their apartment first. The victim entered the apartment with the individuals and she was immediately locked inside a room. After the victim was sexually assaulted by one of the actors, to the area of Lee Place and West 3rd Street and let out of the car, Detective Larry Brown of the Plainfield Police Division, Criminal Investigation Bureau immediately responded to the investigation and was shown the location of the assault by the victim which was an apartment in the 600 block of East Front Street. The victim made an on-scene identification of one of the actors and he was arrested. The suspect, 23-year-old Michael Molyneaux, 23, was charged with aggravated sexual assault with a bail to be set. Mr. Molyneaux has been remanded at the Plainfield Police Division's jail and will transfer to Union County Jail located in Elizabeth, NJ after the second individual involved with the assault has yet to be identified and the investigation is being continued.

## Mayor Schundler attends groundbreaking

JERSEY CITY — At the invitation of the Jersey City Housing Authority, Mayor Bred Schundler recently participated in the groundbreaking ceremony of the 18 townhome complex The New Class. The ground breaking — and those that preceded it and will follow — point to the increasing revitalization efforts underway today in Jersey City. Mayor Schundler said, "It is a pleasure for me to be here to participate in a program that point to our community's great spirit and vitality." This is phase III of the continuing HOPE VI Revitalization Program at Curries Woods. Following the short informal Ground breaking ceremony, there will be a tour by guests of Mayor Tandy II, according to Robert Rigitby, Executive Director of the Housing Authority.

## Newark's immunization "School Bus Program" extends hours

NEWARK — Mayor Sharlene James recently announced that the City of Newark Department of Health and Human Services (DHHS) will kick off its fourth annual "School Bus Program" by extending it's evening immunization clinic hours through August 27, 10 a.m. to 5 p.m. The "School Bus Program" is a city-wide bus program designed to ensure that each child and new registrants will have a birth certificate and the appropriate immunization required for school entry. "The 'School Bus Program' is another way to ensure that every eligible child will be accepted for enrollment on the first school day. The City of Newark wants to emphasize school attendance, child-health immunizations, and the accessibility of our child-oriented health and social services to Newark residents," said Mayor James.

## Fire Department extends fire fighter application deadline

NEWARK — The Newark Fire Department and the New Jersey Division of Personnel recently issued a two-week extension for new and existing fire fighter certification. The fitting examination has been extended to September 3. The examination is open to residents ages 18-35 with a high school diploma or G.E.D. Applications are now being accepted at various fire stations and department facilities throughout the city. For more information, call the Newark Fire Department at (973) 733-5187.

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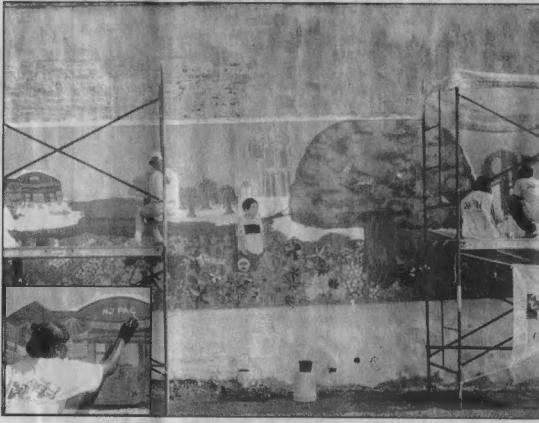
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## Fleet All-Stars create work of art in Newark

NEWARK — Four Newark teens armed with paint, the and talent are creating a mural of an environmentally friendly and beautiful Newark on August 10. The 8' by 8' mural is being created on the exterior wall of the office of the Greater Newark Conservancy's Urban Environmental and Ecological Center. The mural, which depicts members of the community picking up trash and planting flowers, and includes Newark landmarks such as City Hall and the New Jersey Performing Arts Center. The unique mural is made out of a variety of paints, recycled glass, metal and other till. The teens are raising their project in the Fleet All-Stars program in hopes of winning a financial grant and a visit by a celebrity athlete. Since its inception in 1994, more than 82,000 kids have participated in Fleet All-Stars. The program is open to any young people, especially school children throughout New Jersey, New York, Pennsylvania, New Jersey, Massachusetts, Connecticut, Rhode Island, Connecticut and Maine and runs through September 1, 1999. More than \$400,000, will be awarded by Fleet this fall to groups whose projects will leave the most positive impact on their communities.



## Irvington Day honors residents and Sasson's Youthworld at annual celebration

IRVINGTON — Demonstrating their appreciation for its residents, the township of Irvington recently held its sixth annual celebration on Saturday, August 14 at Orange Park located behind Irvington High School. The event, which is an extension of the annual extravaganza included the 60th birthday Carnival of Sasson's Youthworld, the popular children's department store, a sense of government giving back to the people," explained Donald Malloy, Manager of Parks and Recreation/Cultural Affairs and coordinator of the event. "Irvington Day" was a day of fun and excitement in the township with all the residents and families coming together in the spirit of unity, harmony and love. Its real objective is to unite all different ethnic groups under one banner. This event serves as a catalyst to encourage and strengthen the bond and rapport between our young and senior citizens."

Other attractions included jazz bands such as the Dave Barker eight piece ensemble, Cleveland Sandford band and a Motown review band called Smooth. Performers were placed under a special tent where they could go to a casting call, hot potato, yo-yo contest and sack racing. Irvington Day concluded in a main dance contest in its final hour.

"We're paying tribute to many generations of children who grew up in our stores over the



Mayor Sara B. Bost addresses the crowd at the Irvington Day Celebration.



Irvington Day gave patrons a slew of fun activities including this balloon fun house that had the kids feeling good.

decades," says Bess Sison, who co-owns the department store with her husband Maurice. "Hopefully this day will bring happiness to many members of the Irvington family."

There was a double dutch contest, hot potato, yo-yo contest and sack racing. Irvington Day concluded in a main dance contest in its final hour.

"We're paying tribute to many generations of children who grew up in our stores over the

## Cuomo awards Jersey City millions to create jobs and economic development

WASHINGTON — Housing and Urban Development Secretary Andrew Cuomo recently announced \$9.75 million in assistance for Jersey City for the development of the Morris Canal Park. The project will create an estimated 170 jobs and stimulate more than \$25 million in additional investment.

"One of the most important challenges facing cities today is cleaning up and revitalizing abandoned industrial and commercial sites that were the result of decades of economic decline in our past," Cuomo said.

"Working in partnership with communities, we can transform these areas into generators of new jobs and new prosperity in our future."

Carolyn B. Bred, HUD Assistant Secretary for Community Planning and Development, made the announcement with Congressman Robert Menendez and Jersey City Mayor Bruce Sills.

Jersey City will receive a \$1.75 million Brownfields Economic Development Initiative grant and \$8 million in loan guarantees for the Morris Canal Industrial Park, Jersey City and Redevelopment Agency, will acquire and remediate the site in the Morris Canal Industrial Park, a 440,000-square-foot state-of-the-art light-industrial, distribution and manufacturing space within the Morris Canal Redevelopment Area. The project, with a total cost of \$36.4 million, is located in the area of Jersey City that has the highest concentration of poverty and unemployment.

Brownfield sites include abandoned factories and other industrial facilities, such as old mills, storage facilities, dry cleaning stores, and other businesses that dealt with polluting substances. Since 1993, the Clinton Administration has taken a series of actions to clean up and redevelop Brownfields and return them to productive use. The program will send money to communities for revitalization; removing regulatory barriers to redevelopment and providing a targeted tax incentive to businesses

that purchase and clean up the sites. The loan guarantees, also known as the Section 108 Program, provide communities with a source of financing for job creation, housing rehabilitation and construction of public facilities and large-scale development projects.

Vice President Gore announced the Clinton Administration's Brownfields National Partnership in 1997, to bring together resources of over 20 federal agencies to address the challenges of cleaning up and redeveloping sites in a coordinated approach. HUD works with other federal agencies to provide communities with financial and technical assistance to revitalize brownfields.

The partnership, accompanied by Clinton's announcement of the President's New Markets Tour of economically distressed communities that highlighted the economic potential for investment in underserved markets.

The President is also creating tax incentives and investment tools that will make it more attractive for corporate America to search for opportunities in such communities.

A recent HUD report titled New Markets: The Untapped Retail Buyers in America's Inner Cities showed that America's inner city neighborhoods — with \$33.1 billion in annual retail purchasing power — hold major economic potential for retail business growth.

Inner city neighborhoods found inner city neighborhoods possess enormous retail purchasing power — estimated at \$33.1 billion last year, or one-third of the \$1.1 trillion total for the central cities in which those neighborhoods are located. The report suggests that businesses that are operating in inner cities should not ignore that large domestic market.

Despite their huge buying power, many inner city communities are "under-rented" with sales that fall significantly short of residents' retail purchasing power. The report makes clear that there is a large inner city consumer market worth competing for.

## City Council protest eviction of book store

NEWARK — In a strongly worded statement, the Newark City Council recently expressed its opposition to the Port Authority of New York and New Jersey regarding the planned eviction of two long-standing minority concessionaires at Newark International Airport.

The vendors, the Benjamin Company and Newark News, are joint DBE venture between Felon Products and Hudson News, are New Jersey based minority and DBE operations. The Benjamin Company is considered one of the country's largest operators of bookstores and newsstands, with operations at 11 of the country's major airports, including Atlanta, Hartford, Dallas/Fort Worth and Denver International. They have been in operation at Newark International since 1973, where they currently have six storefronts in Terminal A and rainbow News operates several in Terminal B.

The eviction issue first arose as a result of a questionable Request for Proposal (RFP) issued by a new management company, which is Port Authority to manage vendor operations at Newark Airport. In process that can best be described as flawed, the foreign firm, British Aviation Authority (BAA), awarded the lucrative contract to operate concessions at Newark to a foreign-owned company, Press Retail Bookstores, a mainstay at major airports, although they were originally a part of the proposal. Press relay does not operate independent bookstores and is a company with an actual bookstore operation experience.

In commenting on this, Councilor Donald Bradley said, "For obvious reasons, I and my council colleagues are very concerned about this issue. It's our duty to award a lucrative contract to a qualified bidder, that's the nature of business. However, in this case, both the validity and sagacity of the bid process must be evaluated."

The Benjamin Company, bookstore, bookstore cafes and bookstore newsstands, are among the highest revenue generating concessions in airports.

The current lease held by the Benjamin Company could run through July 29, 2000, however, BAA has elected to cancel the lease January 29, 2000, the earliest of the possible two end dates in their lease.

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<b>APR</b>	<b>APR</b>	<b>APR</b>	<b>APR</b>
<b>8.00%</b>	<b>7.50%</b>	<b>7.58%</b>	<b>7.390%</b>
Monthly P&I Per \$1,000	Monthly P&I Per \$1,000	Monthly P&I Per \$1,000	Monthly P&I Per \$1,000
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# A Rite of Passage

*Our Roots: The Sampson and Franklin Family travel back in time*



(L-r) Cornell Shingles, Ray Shingles, Margaret Sampson Robeson, Alexander Sampson, Castallow Sampson and Steve Sampson

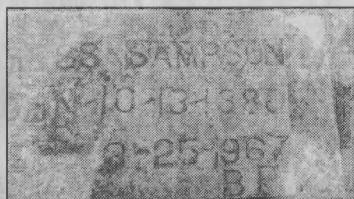
By Gilda Rogers

*"And Isaac's servants digged in the valley, and found there a well of spring water." Genesis 26:19*

The Sampson and Franklin family had no idea of the spiritual excursion they were about to embark on when they boarded a luxury chartered bus in Elizabeth at 11:00 a.m. on July 14, for the 18-hour journey back to their roots – a place called Cuthbert, named after an English Bishop. Cuthbert, Georgia – a place many had not visited in years. A place where their youngest offspring had never laid eyes on. An appropriate occasion, the third Sunday of that weekend in Cuthbert, according to Ella Mae McNeil, the 92-year-old matriarch of the family, has always been designated as "Homecoming" ever since she can remember. It's a time when families originating from this rural town come back to reflect. "The one-hour reflection was the most moving part of the reunion," said Steve Sampson, the 80-year-old patriarch of the family, who has received numerous citations as a community activist and also owned and operated the Good Neighbor Barber shop in Elizabeth for 46 years. Charlie Queen, another elder of the family said this about the reflection hour: "There was a 13-year-old great-grandchild (Gregory O'Neil) of a relative who had come from Jacksonville, Florida, he thought it was going to be boring, but after meeting all his family he felt more attached to the family – a kinship. He was almost in tears over what he's been missing all these years." For Melissa Ahmed, a natural feeling of being at home came over her when folks she'd often heard her late mother talk of welcomed her with the words 'You Mabel's daughter,' "as if to say, child you better get over here and hug my neck."



Four generations of Sampson men view family cemetery of those that paved a way for them.



Headstone of Press Sampson, born 1880, father of Steve Sampson.

"It was the place of my natural and spiritual birth," said cousin Delores McAllister. Taking center stage was this family's history – starting with the family cemetery located near the church. Piney Grove Missionary Baptist Church, one of the few remaining slave churches in the area was celebrating 164 years of serving as the institution that uplifted its congregates, during the woeful days of slavery. But it was a *seismic* happening when relatives saw the names of other Sampson family members, who date back to the 1800's listed in a book published by the Cuthbert Historical Society that acted as the medium which connected the living family members to those deceased. A riveting experience. "It was very spiritual," expressed Ray Sampson, 43, who brought along his 13-year-old son, Rafiq Sampson, and his 14-year-old nephew Tyrese Williams. "Everything was held on the church grounds." The pillar of strength for the oppressed Sampson and Franklin members who kept the faith and insured a better place for generations to come. With families traveling from Florida, Nebraska, Texas, Alabama, South Carolina and West Virginia, to share in fellowship and first-time introductions it wasn't long before Piney Grove Missionary Baptist Church runneth over with people.



Sampson Family gather at historic Westville Village.

Following through on the historic theme, the Cuthbert host family played chaperone to the out-of-state travelers by taking them on a tour of an historic enclave known as Westville Village, in Lumpkin, Georgia. A place where horse drawn buggy's, shoe cobblers and early 19th Century decorated homes, along with old fashioned water wells helped tell the story of the past to the children.

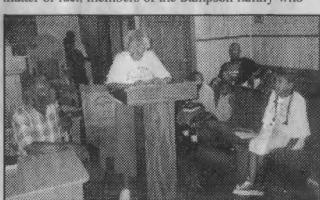


Now to switch gears, what would a family reunion be without good food and some crazy fun? Incomplete. Needless to say, the Sampson and Franklin family had all bases covered – from slap-your-momma good Southern eating to a fishing contest. And how about the relatives young and old gettin' down to the latest sounds in the hotel parking lot – big fun and probably a lot of aching backs after the fact. Assuredly, this was a reunion the Sampson and Franklin families are not likely to forget. As a matter of fact, members of the Sampson family who reside in Elizabeth and the surrounding areas are in the process of planning for their 2000 reunion. The planning committee, an extension of the family corporation is hoping more relatives will become involved for the purpose of preserving and insuring a better future for generations to come – true that. Now isn't that what family ought to be about?

For additional information regarding the upcoming reunion and how to become a part of the Sampson Family Inc., please contact: Steve Sampson at (908) 355-9305.



Sampson Family gettin' their dance on in the parking lot.



Matriarch Ella Mae McNeil, 92, speaks at Reflection Hour

# CityLife

## For whom the school bell tolls

By Bruce McConnell

Conscientious parents preparing to send their children back to school may want to know they are not alone in their concerns about their little ones' safety. A new survey shows that such fears are widespread and shared by the children themselves. Nearly three-quarters (71 percent) of American parents of school-aged children believe that children's safety concerns are so severe that academic performance is affected, the French Toast.com Back-to-School Survey has found.

That's the bad news. The good news is that most parents strongly support a wide range of actions to make schools safer, including school uniforms and dress codes, unannounced random locker searches, an increased police presence in schools and the installation of metal detectors.

"Parents throughout the country are saying powerfully and unequivocally that school systems must do more to improve security in schools," says Dr. Robin Goldstein, a child development specialist and authority on parenting who teaches child development and adolescent psychology at Johns Hopkins University in Baltimore, M.D. "We live in a time when we often have to worry about how safe our schools are. Children—as well as parents—have these concerns and take them to school with them. So it's important that both children and parents become confident that schools are taking all necessary steps to ensure the safety of students."

"Parents are worried about the school environment, and many of them see a move to a uniform program as an important part of the larger effort to ensure a basic level of safety in schools," says Beth Silver, brand manager for French Toast Official School Wear, the country's largest independent manufacturer of school uniforms.

The nationwide surge in support for school uniforms should be welcome news even for parents whose children attend schools that are already safe for learning.

Getting a child ready to return to school can be costly and time-consuming. The French Toast.com Back-to-School Survey also found that parents typically spend about a half hour per child in shopping alone, at considerable expense. It takes about two workdays to earn enough to outfit each child with clothing, school supplies and accessories (approximately \$211).

Low-income families, who spend about half a week of earnings for back-to-school shopping, should be especially gratified by the increased recognition of the importance of school uniform policies. Research released in December by NPD Group determined that parents in communities where uniforms are required are 44 percent less likely to clothe their children for school than parents in non-uniform communities spend.

Dr. Goldstein, author of the three-book *Everyday Parenting* series, notes that a complete set of French Toast school uniforms, which consists of 10 to 12 items, costs about \$100 per child, or less than half of what parents typically spend in back-to-school outfitting.

"Despite the time and money parents spend on shopping, the end result once school resumes is an argument between parent and child over what clothes to wear and how to wear them," she says. "Additionally, many children judge themselves and others by their choice of apparel. Thus, the choice of clothing can cause friction both at home and at school, taking a child's mind off schoolwork and reducing academic performance."

One solution is for schools to require uniforms. "For parents, uniforms not only save money and time when shopping for back-to-school, they also reduce morning arguments over what their children will wear," Goldstein contends. "For children, uniforms can create a feeling of spirit and teamwork."



Dominique McConnell sports a uniform and a pull handle book bag representing United Academy in Newark.



No longer reserved for private schools uniforms are making a bold statement in many public schools.



### Uniform Price vs. Mall Price

#### Uniform Prices

##### Boys

	4-7	8-14	16-20	Husky
Double Knee	\$12.99	\$13.99	\$14.99	\$17.99
Pants				
Shirt Short	\$5.99	\$6.99	\$7.99	\$8.99
Sleeve				
Shirt Long	\$6.99	\$7.99	\$8.99	\$9.99
Sleeve				
Tie	\$2.99	\$2.99	\$2.99	\$2.99
Plain Sweater	\$14.99	\$14.99	\$16.99	\$16.99

##### Girls

	4-6x	7-14	16-20	Plus
Blouses Short	\$5.99	\$5.99	\$6.99	\$7.99
Sleeve				
Blouses Long	\$5.99	\$5.99	\$6.99	\$8.99
Sleeve				
Juniper	\$8.99	\$9.99	\$10.99	\$12.99
Pleated Skirt	\$6.99	\$7.99	\$8.99	\$10.99
Pants	\$10.99	\$12.99	\$14.99	\$16.99
Cross Tie	\$1.99 (one size fits all)			
Sweater	\$12.99	\$14.99	\$14.99	\$19.99

#### Mall Prices

##### Boys

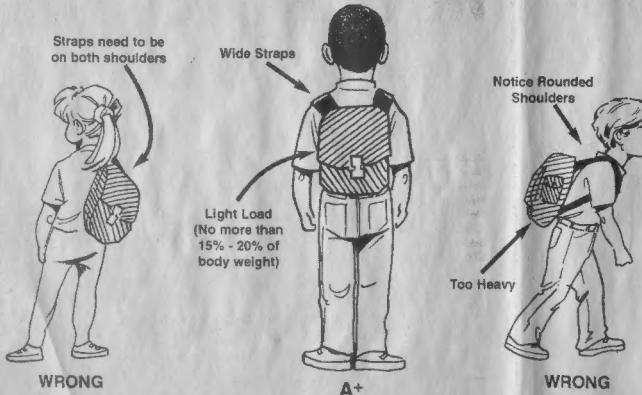
Pants	\$29.99
Shirt Short Sleeve	\$11.99
Shirt Long Sleeve	\$14.99
Long Sleeve Shirt with Tie	\$24.99

##### Girls

Blouses Short Sleeve	\$5.99
Blouses Long Sleeve	\$13.99
Pants	\$27.99
Sweater	\$17.99

## Backpacks: What you don't know can hurt you

### Is Your Child's Backpack Making The Grade?



ALEXANDRIA, VA. — Big or small, brightly-colored canvas or black leather, while a backpack is still one of the best ways to bear a burden, a too-heavy or improperly worn backpack may harm joints and muscles, especially young ones. The American Physical Therapy Association (APTA) offers some advice on how to properly wear a backpack and avoid injury. In the hierarchy of bags, a backpack is a better way to carry life's necessities than a briefcase or shoulder bag, especially for longer periods of time. Properly worn, a backpack is supported by the strongest muscles in the body: the back and the muscles which work together to stabilize the trunk and hold our body in proper postural alignment. "But improper backpack use can also present some real dangers, especially to young, still growing joints and muscles," Richardson adds. Here are some rules of thumb to follow.

■ **Wear both straps.** Slinging a backpack over one shoulder causes a person to lean to one side to compensate for the uneven weight, curving the spine. Over time, this can cause lower and upper back pain, strained shoulders and neck, and even functional scoliosis, or curvature of the spine. Teenage girls are especially susceptible to scoliosis.

■ **Make sure the backpack is not too heavy.** Students of all ages seem to be carrying heavier loads often times a full day's worth of textbooks and a change of clothing for after-school athletics or extra-curricular activities. Laptop computers are also common features in the college student's backpack. "A backpack can range anywhere from 20 to 50 pounds - more added weight than the average pregnant woman may have to carry," Richardson states. Even when worn properly with both straps, leaning forward to carry this extra weight can affect the natural curve in the lumbar, or lower back, region. Extra weight can cause the curve of the shoulders and an increased curve in the thoracic, or upper back, region. As a result, the student may experience back and shoulder pain. "A good rule to follow is to carry no more than 15 to 20 percent of one's body weight," says Richardson.

■ **Pay attention to the type of backpack.** Look for backpacks with wide straps. "Narrow straps dig painfully into shoulders," Richardson says, "and our nerves are very close to the surface in our clavicle, or collarbone, region." Narrow straps can also be uncomfortable for the shoulder and neck. "A backpack with a shorter line of pull across the back may be more comfortable than a backpack with straps across the body which may be fashionable, they are not as functional because one shoulder continually bears the entire weight of the bag. It is also wise to consider the weight of the backpack when empty - for example, a canvas backpack will be lighter weight than leather."

So how to make sure backpack users stay injury-free? Richardson says, "Have your kids use both straps and make frequent stops at their locker throughout the day to avoid carrying all their books at once, and leave non-essentials at home. Above all, urge your children to tell you if they are in pain or have discomfort before a problem becomes serious."

## Health Calendar

WEDNESDAY, AUGUST 25

**NEW BRUNSWICK** — Saint Peter's University Hospital offers support group meeting for parents of children in the Neonatal Intensive Care Unit 7 p.m. (732) 746-8600

**BOUND BROOK** — The Blood Center of New Jersey will hold a blood drive at the Masonic Easter Star Lodge 4 p.m. (800) BLOOD-NU

**JERSEY CITY** — The Jersey City Medical Center will hold a support group meeting for those surviving breast cancer at the hospital's conference room 8 p.m. (201) 915-2273

**NEW BRUNSWICK** — Saint Peter's "Beach School" course in the hospital's Physical Therapy Department. Call (732) 746-8570

THURSDAY, AUGUST 26

**NEW BRUNSWICK** — Saint Peter's University Hospital offers a support group for parents dedicated to assisting at the hospital's medical office building 5:30 p.m. (732) 937-0650

**NEWARK** — The Blood Center of New Jersey will hold a blood drive at the VFW District #4 3:30 p.m. (800) BLOOD-NU

**MONTCLAIR** — The Blood Center of New Jersey will hold a blood drive at the Montclair Chapter of the American Red Cross 5 p.m. (800) BLOOD-NU

**WEST ORANGE** — The Blood Center of New Jersey will hold a blood drive at the West Orange Town Hall 12 p.m. (800) BLOOD-NU

**PLAINFIELD** — The Muhlenberg Regional Medical Center hosts a support group meeting for those living with osteoporosis 7 p.m. (908) 668-2295

**PLAINFIELD** — The American Legion Chapter of Greater Union County & Plainfield will hold a blood drive at the United Presbyterian Church 3 p.m. (908) 756-6414

**PLAINFIELD** — The Plainfield Senior Citizens Service Center hosts a health discussion for seniors 11 a.m. (908) 753-3500

**PLAINFIELD** — The Muhlenberg Regional Medical Center offers a support group meeting for people living with the Human Immunodeficiency Virus (HIV) 8 a.m. (908) 668-3091

FRIDAY, AUGUST 27

**UNION** — The Blood Center of New Jersey will hold a blood drive at Union Hospital 3 p.m. (800) BLOOD-NU

**WAYNE** — The Blood Center of New Jersey will hold a blood drive at Wayne General Hospital 3 p.m. (800) BLOOD-NU

SATURDAY, AUGUST 28

**SCOTT PLAINS** — The Blood Center of New Jersey will hold a blood drive at the Marmont Bagel Deli 6 a.m. (800) BLOOD-NU

**BERNARDSVILLE** — The Blood Center of New Jersey will hold a blood drive at the Dairy Queen Ice Cream Parlor 1 p.m. (908) 756-6414

**EDISON** — The American Red Cross of Greater Union County & Plainfield Area will hold a blood drive at the Edison Firehouse 9 a.m. (908) 756-6414

**SOMERSET** — Saint Peter's University Hospital offers a support group for women experiencing the death of a baby before or after birth 7:30 p.m. (201) 833-3058

TUESDAY, SEPTEMBER 1

**BELLEVILLE** — The Cancer Foundation hosts a free program to help caregivers of older adults cope with the challenges of day-to-day caring at the foundation's Counseling Center 6:30 p.m. (800) 533-3579

**FRIDAY, SEPTEMBER 3**

**SOMERSET** — Saint Peter's University Hospital offers a support group for women breastfeeding 3:30 p.m. (732) 745-8600

MONDAY, SEPTEMBER 6

**TEANECK** — Holy Name Hospital offers a support group for families experiencing the death of a baby before or after birth 7:30 p.m. (201) 833-3579

TUESDAY, SEPTEMBER 7

**BELLEVILLE** — The Cancer Foundation helps a free program to help caregivers of older adults cope with the challenges of day-to-day caring 6:30 p.m. (800) 533-3579

WEDNESDAY, SEPTEMBER 8

**EDISON** — JFK Medical Center offers a course in vaginal birth after cesarean section 5 p.m. (732) 832-1530

# HeartBeat

## NMA calls for lactose-free milk

**LAS VEGAS** — The National Medical Association — the largest and oldest national organization of African-American physicians — is urging the U.S. Department of Agriculture to promote lactose-free dairy products in the Food Guide Pyramid and Dietary Guidelines, which are currently under revision.

The announcement, made at the NMA's Annual Convention and Scientific Assembly this week, is in response to the fact that many African Americans who may be avoiding dairy products due to a fear of digestive discomfort

While not all African Americans have trouble digesting dairy, many avoid it entirely and may be missing out on important nutrients their bodies need, especially calcium.

The average black woman consumes only about half the calcium she needs. If she's cutting out dairy products because of lactose intolerance, it's unrealistic to think that she'll get enough calcium from other sources, said NMA President Gary C. Dennis, M.D., who first proposed the new policy statement.

"We think this is an easy solution to help address the calcium problem in the African-American community. Unfortunately, many people just don't know about the lactose free option," he added.

Lactose intolerance refers to the inability to properly digest the natural sugar or carbohydrate in milk called lactose. For some, an allergy, or the lack of a digestive enzyme called lactase that helps break down the sugar in your system.

While it is estimated that about 25 percent of the U.S. population may have some trouble digesting lactose, the problem is particularly prevalent among African Americans, Asian Americans, Hispanic Americans and Native Americans.

### A Simple Solution

The National Medical Association is drawing attention to lactose-free milk as one easy solution to help all African Americans get the calcium they need.

Dr Dennis said the avoidance of dairy products reduces the intake of

several key nutrients and virtually guarantees inadequate dietary intake of calcium.

Three-quarters of the calcium in the U.S. diet comes from milk and milk products.

Lactose-free milk contains all the same nutrients, including calcium, of regular milk. It is simply milk that has been pre-treated with the lactase enzyme which breaks down the lactose before it enters the body. While only in some cases, these new products now come in all the same varieties as regular milks, including lowfat and fat free options — only the lactose has been reduced (70 to 100 percent less lactose than regular milk).

The milk may taste a little sweet, because lactose has been split into two smaller and sweeter sugars so it can be easily digested.

"While other foods supply some calcium, it's more difficult to eat the quantities necessary to meet current dietary recommendations, particularly for young children and adolescents," Dennis said. "We support the two to three servings of dairy foods recommended in the Food Guide Pyramid since dairy products are among the most nutrient-dense and nutrient-rich sources of calcium available. We'd like just like to see more emphasis on the lactose-free options to help meet the calcium needs of all African Americans."

Research on lactose-free milk, recent studies show that regular milk can still be an option for lactose intolerant individuals.

By drinking small amounts of milk at a time, or pairing it with other foods, people can easily enjoy milk and still get the calcium they need. Many American find that such measures suffice. Aged cheeses and cultured dairy products like yogurt are also less likely to cause symptoms.

Research also shows that drinking milk can improve the overall quality of the diet. It's not only an excellent source of calcium, but milk provides eight other essential nutrients, including protein, potassium and vitamins A and D.

The National Medical Association is drawing attention to lactose-free milk as one easy solution to help all African Americans get the calcium they need.

Dr Dennis said the avoidance of dairy products reduces the intake of

**Kessler has become top rehab facility in the East**

**WEST ORANGE** — Kessler Institute for Rehabilitation, a premier provider of physical medicine and rehabilitation services, has been named one of the top 100 hospitals in the East and the fourth best facility in the country by a recent National Opinion Research Center.

This marks the eighth consecutive year the Kessler has been listed among the nation's leaders in the study, published by U.S. News & World Report.

"I am very pleased that Kessler has again been recognized among the leading hospitals in the country," said Robert Brehm, president of Kessler Institute for Rehabilitation. "This reflects the hard work and dedication of the entire Kessler staff and acknowledges the fact the Kessler is, indeed, one of a kind."

Kessler is the nation's highest ranking rehabilitation hospital to receive accreditation with commendation from the Joint Commission on Accreditation of Healthcare Organizations and is a federally designated dual model system for the treatment and research of traumatic brain and spinal cord injuries.

According to Dr. Robert Krutenberg, Kessler's medical director and senior medical officer: "Being voted to this list is credit to the excellence of our staff and their commitment to providing the highest level of quality care to our patients."

Despite the enormous impact of managed care in today's healthcare

market, Kessler continues to put patients first. And certainly, every member of our clinical, administrative and support teams is proud of this national recognition.

Results from the National Opinion Research Center, a social science research group located at the University of Chicago, conducted the survey among a geographic cross-section of more than 2,400 board certified physicians randomly selected from the American Medical Association's database.

Respondents were asked to name the five hospitals they considered best in their specialty. Overall, 16 specialties were ranked, but four, including rehabilitation, psychiatry, pediatrics and ophthalmology, were based solely on reputation as data, such as mortality rates, was deemed "not applicable."

Kessler is New Jersey's largest rehabilitation hospital network with four inpatient facilities and outpatient centers located throughout the state, New York and Florida.

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For more information about Kessler, call (888) KESSLER or visit the Website, [www.kessler-rehab.com](http://www.kessler-rehab.com).

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## First ever national conference on the state of HIV prevention

**ATLANTA, GA** — More than 2,000 leading scientists, researchers and policy analysts will gather at the Hyatt Regency hotel in Atlanta for the first National HIV Prevention Conference, the first meeting of its kind exclusively devoted to scientific efforts to monitor and prevent HIV in the U.S.

The conference is convened by the Centers for Disease Control and Prevention (CDC) and 17 other sponsoring organizations, including the Office of AIDS Research/National Institute on AIDS, National AIDS Council and the National Association of People with AIDS.

The conference, which will discuss new data on trends in HIV infection and AIDS mortality, as well as hundreds of presentations and posters on the latest and best efforts to combat the epidemic through behavioral and biomedical interventions.

A special focus of the conference will be the impact of HIV on African-American communities, which remain disproportionately affected by the epidemic. Data presented will include HIV incidence among African Americans at highest risk, including young gay men, as well as the latest statistics on AIDS mortality among African Americans.

Other data released in Atlanta will include new findings from the DASH study, first published in the New England Journal of Medicine in 1997, that a low-fat dairy-rich diet was high in calcium and rich in fruits and vegetables helped significantly lower blood pressure in nearly all adults.

However, the benefits were twice as great in African Americans than in whites.

The DASH diet lowered the blood pressure of this group by 11 percent. It's a similar response to that produced by medications. Not only did African-American subjects experience the blood pressure benefits; they did so without symptoms of lactose intolerance.



**U.S. Surgeon General David Satcher to speak at conference.**

the challenges of HIV prevention in the era of new AIDS treatments.

Special presentations will be also made on the applications of a new HIV test that allows for unprece-

nted detection of the virus.

Other data released in Atlanta will

include new findings from the DASH study, first published in the New England Journal of Medicine in 1997, that a low-fat dairy-rich diet was high in calcium and rich in fruits and vegetables helped significantly lower blood pressure in nearly all adults.

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If you would like to give your opinion on any

health tips,

fax them to **CITY NEWS at**

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NJ KidCare is a program of the New Jersey Department of Human Services. Christine Todd Whitman, Governor.

# Artz Wednesday

CITY NEWS B4

August 25 — August 31, 1999

## The Ellington Centennial



Duke Ellington

**Jazz at the Lincoln Center** will continue its landmark celebration of The Ellington Centennial- the year-long acknowledgement of Edward Kennedy "Duke" Ellington's unequalled contributions to Jazz in the 100th anniversary of his birth.

**Date:** Tuesday, September 14, 1999

**Time:** 7:00 p.m.

**Event:** Jazz Talk: "Beyond Category- The Recorded Legacy of Duke Ellington" featuring George Avakian, Leo Macero, and moderator Nat Hentoff

**Place:** Stanley H. Kaplan Penthouse, Rose Building 165 West 65th Street, 10th Floor

**Tickets:** \$10, available at Alice Tully Hall box office (212)721-6500

**Date:** Thursday, Friday & Saturday, September 16, 17, & 18, 1999

**Time:** 8:00 p.m.

**Event:** 1999-2000 Season Opening Night Series "Rockin' In Rhythm" The Small Band Music of Duke Ellington, featuring Joe Lovano, Nicholas Payton, Dianne Reeves, and members of the Lincoln Center Jazz Orchestra

**Place:** Alice Tully Hall 65th Street and Broadway

**Tickets:** \$45, available at Alice Tully Hall box office (212)721-6500

## Technics World Music Festival



Alex Bugnon

The Technics World Music Festival will take place on September 12, 1999 at 4 p.m. at Avery Fisher Hall, Lincoln Center (Broadway at 65th Street). This event, held in the United States for the first time in its 11-year history, is an international showcase for students of the Technics Music Academy, ages 15-19. The Technics Music Academy (TMA) is a comprehensive music education program currently running in 20 countries with a total enrollment of over 200,000 students. In addition to performances by students from ten of the participating countries, contemporary jazz/R&B keyboardist Alex Bugnon will show his support for music education with a special guest performance. Tickets are \$15 and are available at Avery Fisher Hall (212) 721-6500. Discount tickets are available for groups of six or more by contacting Renegade Marketing Group at (212) 261-2607.

## Eve earns props with drop of solo disc

Ruff Ryders/Interscope Records is set to release the first solo project from 20-year-old Eve.

The debut CD "Eve: The First Lady of Ruff Ryders" follows the highly successful compilation album, "Ride or Die Vol. 1, featuring Eve's current hit single "What Ya Want."

Scheduled to be in stores September 14, "Eve: The First Lady of Ruff Ryders" is one of the most anticipated rap albums of the year.

Thanks to the Ruff Ryders production team Swizz Beatz, PK and Shek (the same folks that provided hits for DMX, Jay Z and Busta Rhymes), the album's tracks are unique, and sample free with a hard edge that will not only appeal to hip hop heads but will appeal to the commercial masses.

Eve has gained respect from her peers and from the streets for always writing her own material and not relying on the successful camp of male rappers to get her by on her debut disc.

Tracks to look out for include the hot summer anthem for the females "Gotta Man," the serious minded track about a friend in an abusive relationship, "Love is Blind" and the jeep thumping single "Ain't Got No Dough" featuring Missy Elliott.

The album also features a few collaborations with rap's elite: Missy Elliott, DMX, LOX & Drag-On.

Eve is currently doing spot dates on the R Kelly Tour and can be seen in the new national Sprite commercial campaign.



Eve

## "Love Letters," a flavorful music stew



Gerald Veasley's release in stores August 24.

Gerald Veasley, recently named "Best Electric Bassist" in Jazziz magazine's annual readers' poll, delivers another winner with the release of Love Letters on Reads Up International.

The new album described by the artist as "urban progressive" should firmly establish the 32-year-old bassist as an innovator who brings a contemporary voice to the bass as a lead instrument.

Veasley's fifth project for the Seattle-based label arrived at stores August 24.

Like his 1997 release Soul Control, Love Letters showcases Veasley's talents as musician, composer/arranger and producer in a melding of jazz, R&B,

gospel, funk, rock and blues styles.

Playing his distinctive six-string bass as well as keyboards, he's joined on the project by saxophonists Grover Washington, Jr. and Eric Marienthal, plus guitarist Cheli Minucci.

Veasley shares producing and engineering duties with bassist with Richard Waller III.

Seven of the album's ten songs were penned by the versatile bassist, including the easy grooving title track and the disc's spacious and majestic opener, "Facing West." "Be Sweet" was co-written and recorded with producer/arranger Cheli Minucci. Minucci's sultry "Hypnotize" and a funk-laden rendition of Donny Hathaway's "Valdez In the Country" round out the set.

While lauding his previous release Soul Control, as "one of the best R&B/soul-based contemporary jazz efforts to come along in quite some time," Jazziz magazine noted, "This bass-composer arranges with space, detail and purpose in mind — and comes up with great results."



## It's a rapping "Showdown"

Any雌雄同體者 will tell you a sharp wit and a sense of humor are invaluable when it comes to fine tuning a mic, rocking a crowd or making records that people actually remember.

A longtime resident of Greensboro, North Carolina, Shwayze is the latest in hip hop's new school of clowns to claim rap music's center stage with his debut single on Raw Shack Records, "If You Can't," to be with "Showdown."

Not that Showdown displays any lack of lyrical imagination on "If You Can't."

While the track's staccato octetra hits provide the song with a more than ample headnodding rhythm, Showdown leads us on a word-playful joyride

through the clever and absurd. Among his lyrical pit-stops are taking over your house and forcing your drunk grandma to serve him hors d'oeuvres, swinging an episode with a "big girl" who smashes his futon into a futon rug and, finally, his unforgettable, exasperated exclamation, "I ain't never snap at ya. But I'm stressed out like Nas-Man, I'm gon' back to Africa!"

By contrast, "Showdown" is a series of outlandish one-liners that follows our hero's boasts of being able to "sex girls as big as apes" and "go to midge strip" with a "big girl" who's "hot."

Meanwhile, a rumbling, descending bass-line and extra crispy snare match Show's hysterical energy measure for measure.



Showdown

**Billboard**

WEDNESDAY, AUGUST 25

**WESTFIELD** — The Union County Division of Cultural and Heritage Affairs presents blues singer Rob Paparozzi and The Hudson River Rats at Echo Lake Park, part of the Union County Summer Arts Festival. 7:30 p.m. (908) 527-4900.

**NEW YORK** — The Blue Note Jazz Club presents Baden Powell and The Leo Gardiner Sextet. 9 p.m. (212) 475-4755.

**NEW YORK** — The Knickerbocker Bar and Grill presents pianist Jon Davis and bass player Pat O'Leary through Aug. 28 p.m. (212) 228-8490.

**NEW YORK** — WOCM-FM (CD-101.9) presents its "Free Uptown Jazz Concert" at the World Trade Center Austin Tobin Plaza. Starring singer Jon Lucien. 12 p.m. (212) 414-1019.

THURSDAY, AUGUST 26

**NEW YORK** — Lincoln Center's "Out of Doors" Festival presents the New York Baroque Dance Company. Call (212) 875-0048 for time and information.

FRIDAY, AUGUST 27

**BLOOMFIELD** — The Essex County's Free Summer Concert Series presents New Power Soul and former lead singer of the Shirelles Shirley Alston Reeves at Brookdale Park. 7:30 p.m. (973) 289-3500.

**IRVINGTON** — D-N-D Productions and Bizman Entertainment hosts a CD release party for songstress Dani al Club Khayam. 9 p.m. 1-(888)-709-BEEP (2337).

**NEW YORK** — Lincoln Center's "Out of Doors" Festival presents tribute concert to Bob Dylan,崔健 and Reggae Workman. Call (212) 875-5048 for time and information.

**NEWARK** — The Newark Downtown District and the Newark Municipal Council presents the Black Widow Blues Band at Military Park, part of the Sweet City Summer Luncheon Concert Series. 12 p.m. (973) 739-1800.

**NEWARK** — The City of Newark Division of Recreation and Cultural Affairs presents the Lorraine Langford at Military Park, part of the Friday Evening Swing Concert Series. 5:30 p.m. (973) 739-8454.

SATURDAY, AUGUST 28

**ELIZABETH** — The Union County Division of Cultural and Heritage Affairs presents summer jazz concert with Butch Massena, and The Chantin' Two at the Elizabeth Public Library. 2:15 p.m. (908) 354-6060.

MONDAY, AUGUST 30

**NEW YORK** — The Blue Note Jazz Club presents Mondays at the Blue Note featuring Antigueda and Her Trio. 8 p.m. (212) 475-6592.

TUESDAY, AUGUST 31

**ORANGE** — The Essex County Free Summer Concert Series presents "Jazz Under the Stars" featuring Rashwana and Company Quintet at Orange Park. 7:30 p.m. (973) 288-3000.

WEDNESDAY, SEPTEMBER 1

**NEW YORK** — The Knickerbocker Bar and Grill presents pianist Pierre Huel and bass player Jonathan Robinson through Sept. 4. 8 p.m. (212) 226-9490.

FRIDAY, SEPTEMBER 3

**BLOOMFIELD** — The Essex County Free Summer Concert presents Steppin' Out and the Drifters at Brookdale Park. 7:30 p.m. (973) 288-3500.

**CAPE MAY** — The Mid-Atlantic Center hosts a traveling art exhibition of fine glass art work presented by the Museum of American Glass entitled "Glass for Victorian Table." 10 a.m. 1-(800)-999-4922.

TUESDAY, SEPTEMBER 7

**NEW YORK** — The Knickerbocker Bar and Grill presents pianist Steve Kuhn, bass player David Fink, and drummer Bill Brumfield through Sept. 11. 8 p.m. (212) 228-8490.

SATURDAY, SEPTEMBER 11

**MILLVILLE** — The Gallery of American Craft at Wheaten Village hosts an art exhibit and sale of contemporary crafts. 10 a.m. (609) 825-6800.

SATURDAY, SEPTEMBER 25

**NEWARK** — The New Jersey Performing Arts Center (NJPAC) presents Jay Leno in concert. This is the second Anniversary Gala. Celebrating NJPAC's Second Anniversary with an evening hosted by America's king of comedy who welcomes a variety of special music guests. 8 p.m. 1-(888)-GO-NJPAC.

SUNDAY, SEPTEMBER 26

**NEWARK** — The New Jersey Performing Arts Center (NJPAC) presents Bobby McFerrin solo a cappella concert. A Metropolitan star's exclusive appearance and an "All Star" cast. This event is part of the AT&T Premier Series. 8 p.m. 1-(888)-GO-NJPAC.

FRIDAY, OCTOBER 1

**NEWARK** — The New Jersey Performing Arts Center (NJPAC) presents Latin Jazz Feels. Feat. the Chucho Valdez Quintet and The Danilo Perez Trio. 8 p.m. 1-(888)-GO-NJPAC.

# Be amused by the "Muse"



Photos by Elliot Marks

Sharon Stone (left), Jeff Bridges with Albert Brooks (upper right, l-r) and Andie MacDowell (lower right with Stone) star in Albert Brooks' comedy, "The Muse."

## Join the adventure with Antonio Banderas and "The 13th Warrior"

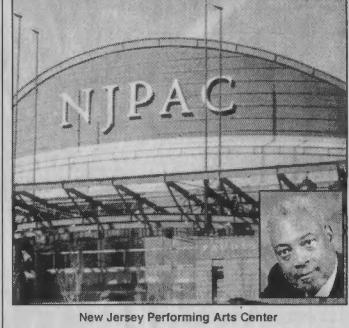


Photos by Rob McEwan

(Left) Antonio Banderas and the Nordic warriors (right) star in Touchstone Pictures' "The 13th Warrior."

Touchstone Pictures' newest release, "The 13th Warrior," starring Antonio Banderas, Diane Venora, and Omar Sharif opens at theaters nationwide August 27th, based on a best-selling novel by Michael Crichton's best-selling novel, "Eaters of the Dead." — Touchstone Pictures' "The 13th Warrior" is an exciting and unforgettable adventure-thriller. The story of Ahmed Ibn Fadlan (Antonio Banderas), an important emissary who is banished from his homeland, the nomadic outlaws come across a band of Norse warriors who coerce him into leading them while they are summoned to fight mysterious creatures legendary for consuming every living thing in their path. Eventually surrounded by the frightening and ferocious foe, Ahmed must conquer his personal fears and help battle the illusive invaders who emerge out of the shroud of fog in the black of night.

## Leon Denmark named Vice President of Programming



New Jersey Performing Arts Center

**NEWARK** — Leon Denmark, former executive director of the famed Apollo Theatre in Harlem and producing director of the Negro Ensemble Company, has been named Vice President for Programming of the New Jersey Performing Arts Center (NJPAC). Denmark, who also served as executive director of Newark's Symphony Hall, produced the Pulitzer Prize-winning work *A Soldier's Play* by Charles Fuller which ran Off-Broadway for one-and-a-half and enjoyed a two-year national and international tour.

## Celebrate Hispanic Month with Thirteen/WNET

Thirteen/WNET celebrates the contributions of Latinos to our shared national identity with the 10th anniversary season of *Cantos Latinos*, an electric mix of documentary and performance specials airing in September. Thirteen's Rafael Pi Roman hosts the month-long celebration, which begins Thursday, September 2. Program highlights include:

Friday, Sept. 10

10-11 p.m.

Rumba, Rum . . . And The Problem of Staying Alive tells the story of a dancer with the Raices Profundas Dance Company in Havana who uses music- and the rumba- to combat the struggles of daily life in Cuba.

Tuesday, Sept. 21

9-10:15 p.m.

In *Lagrimas Negras* (Black Tears) award-winning filmmaker Sonia Herman Dolz follows the Cuban music sensation La Vieja Trova Santiaguera (Old Santiago Troubadours) during their European tour.

10:15-11 p.m.

El Dia Que Me Quieras (The Day You Love Me), an evocative documentary on the famous photograph taken on the revolutionary Ernesto Che Guevara after his assassination in Bolivia, presents a riveting exploration of death and the power of photography.

Sunday, Sept. 26

12:1-30 a.m.

Cafe Con Leche is a revealing portrait of young Cuban-American cans or "Generation X," the Latino "Generation X," who strive to preserve the traditions of a lost homeland as they forge a new "American" identity.

Monday, Sept. 27

12-1 a.m. (part 1)

The Border, a compelling program that tells six diverse 1-2 a.m. (part 2) stories about the evolving relationship between the United States and Mexico, and the ways in which "border issues" affect life in America, narrated by journalist John Quinones of the TV newsmagazine 20/20.

Wednesday, Sept. 29

9-10:30 p.m.

In The Kennedy Center Presents: The Americans Concert, Gloria Estefan, Susana Baca, Sheila E., Jose Feliciano, Paquito D'Rivera and Israel Lopez "Cachao" lead an all-star celebration of Latin music and culture.



Photo by Anagram



Photo by KPBA, San Diego



Photo by Freddy Alberto

Thirteen/WNET celebrates Hispanic Heritage Month with the 10th anniversary season of *Cantos Latinos*, an electric blend of documentary and performance specials including, *Lagrimas Negras* (top), *The Border* (bottom left) and *El Dia Que Me Quieras*.





# Tiger is a reluctant role model

By Gregory Moore

Black folks are an interesting and complex lot. Any attempt to reduce our divergent views and sentiments as African-Americans on any given subject can be a tricky and complex matter.

This is especially true when you consider our relationship with and view of professional golf phenomenon Eldrick "Tiger" Woods.

Woods, who is biracial, (half-black and half-Thai) has not exactly been the second coming of Muhammad Ali on the scene. He is a young, dynamic pro. Woods has strenuously resisted any efforts to identify him too closely with the black community.

Yet, despite the many suspicions which African-Americans harbor with regard to the extent to which Woods is "down," black folks, by and large, still take pride in Woods' accomplishments as a black golfer.

My sense is that although some blacks may have problems with Tiger's personal identification with us as a community, we still manage to suspend our reservations about Tiger the "brother" and take pride in Tiger the golfer.

We root for Tiger not in the way we rooted for Muhammad Ali or Jackie Robinson, who were warmly embraced as members of the extended black family. Rather, Tiger's like the estranged family member who you might have lost contact with, yet keep tabs on from afar.

You root for that relative not because of a rich personal

*"...we pull for Tiger; we savor the fact that this black kid is currently the top-rated golfer in the world."*

relationship — shared, but because, on a fundamental level, you realize that you are them and that they are you. You also realize that nothing can change this fundamental truth.

Regardless of how Tiger chooses to view or call himself, black folks will continue to pull for Woods so long as he retains his stunning preoccupation with race. We realize that everything Tiger accomplishes on the golf course inures to the benefit of blacks because in the eyes of America, Woods has been, is, and will probably always be viewed as a black golfer.

And we pull for Tiger; we savor the fact that this black kid is currently the top-rated golfer in the world.

We nonchalantly ask one another after a particularly sensational performance by Woods, if we caught Tiger on the tube the other day. We cease our chaotic surfing for the brief moment, if it's stably upon Woods at the tee.

We savor the sight of this dark man kicking the butts of his lily-white counterparts in a game requiring intelligence, judgment, patience and poise — characteristics many white Americans do not always associate with African-Americans.

Although Woods may have a long way to go before he enjoys the level of reverence paid to pioneers like Ali and Robinson, Woods should know that in the interim, black folks are watching and enjoying what they see.

# College Football

## On tap with the Scarlet Knights

Let's get ready to rumble! Join the Rutgers Scarlet Knights and their schedule as they begin welcoming the 1999 season. Last year the football team recorded the second-best turnaround in Division I-A football, finishing with a 5-6 record. It was the most wins for since 1994.

The team was better in nearly every facet of the game. The drastic improvements helped head coach Terry Shea earn Big East Coach of the Year honors. The Scarlet Knights return 48 letter winners and 15 starters as RU looks to continue the upward swing of the program.

Offense starters Jackie Cooks, Mike DeLuca, Mike McMahon, Shaun O'Hara, Tosefa Puaauli, and Dennis Thomas. The defensive starting line is Mike Behl, Alan George, Teddiesell, Lynsey, Wayne Hampton, Ben Martin, Jebari Moore, Marcus Perry, Garrett Shee, and Dax Strohmeier.

On defense nine starters return on this side of the ball, led by All-Big East performer Wayne Hampton. The senior defensive end had 81 tackles last season, seven sacks, 10.5 ends and 10.5 sacks. Sophomore Marcus Perry is at left end after starting nine games a year ago.

Two seniors can be found at the tackle spots — Angelo Shields (36' tackles) and Mike Behl (39). Senior Karl Mayall, junior Julian Ross and sophomore Bill Tulloch will provide depth up front.

Two seniors anchor the linebacking group. As inside line-

backer, Jebari Moore was sixth among Big East linebackers with 101 total tackles. Outside, Dax Strohmeier finished with 84 stops, including a team-high five sacks. RU must replace inside linebacker Aaron Brady, who had 137 tackles last year.

Competing for playing time will be senior Mike Prigione and juniors Wesley Robinson and Tarell Freeney.

Offense begins with junior quarterback Mike McMahon. One of the top signal callers in the Big East, he had 3,036 passing yards and 12 touchdowns last year. He is second among returning league quarterback (Mark Brunner, WU) with a 200.3-yard per game average.

After only 20 career starts, McMahon is already in the top 10 in several RU career passing categories. Senior Mike Jones will be back at fullback.

At running back, Jackie Crooks is the leading returning rusher in the Big East. He was fourth in the league in 1998 with 821 yards rushing, 5.2 yards per carry.

Crooks averaged 144 yards over his last four contests. Crooks has been the team's leading rusher each of the last two seasons.

The offensive line is led by Shaun O'Hara. An All-Big East second Team pick at guard last season, the 6-4, 285 pound senior has proven to be a versatile performer and will see action at tackle.

Sept. 4 is the official kickoff date for the New Brunswick Scarlet Knights and awaiting fans.

## Rutgers Scarlet Knights 1999 Football Schedule

Date	Opponent
09/04/99	at Cal-Berkeley
09/11/99	Texas
09/25/99	Boston College
10/02/99	at Wake Forest
10/09/99	Virginia Tech
10/16/99	at West Virginia
10/23/99	Pittsburgh
10/30/99	at Temple
11/06/99	Navy
11/13/99	Syracuse
11/20/99	at Miami

## Cablevision donates Mets tickets to youth

NEWARK — Cablevision, Fox Sports NY and the Mets combined recently to distribute courtesy tickets throughout New Jersey as part of the regional sport programming network's "Are you ready for education?" campaign, a program designed to accent the value of education to young people.

Cablevision recently gave tickets to local community groups in Newark and South Orange like the North Ward Center, The Countinu Foundation, the Newark Pop Warner Football Program, UCC Westside Park Center, First Baptist Church and the JESPY House.

Over 8,000 tickets were distributed by Cablevision across the state to local youth groups, non-profit agencies and local recreation departments. "We are definitely excited to be in a position to assist Fox Sports and the Mets in this worthwhile summertime campaign," said Don Visspare, Cablevision of Newark's Manager of Public and Government Affairs.

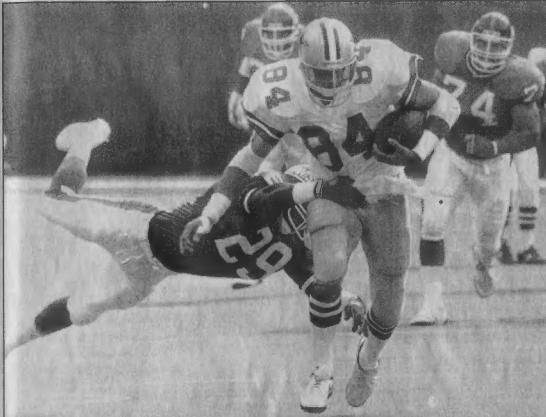


Photo by Ray Bailey

Football players are ready for the 1999 season and so are the fans. City News will keep you close to your favorite teams with the fall-season schedules.

## Kean University's 1999 Football Schedule

Day	Date	Opponent	Time
Saturday	9/11/99	at Rensselaer	1:00 p.m.
Friday	9/17/99	Cortland State	7:00 p.m.
Friday	10/1/99	William Paterson	7:00 p.m.
Friday	10/9/99	at Montclair State	7:00 p.m.
Saturday	10/16/99	New Jersey City (Homecoming)	2:00 p.m.
Saturday	10/23/99	at Mt. Ida	1:00 p.m.
Saturday	10/30/99	at Rowan	2:00 p.m.
Saturday	11/6/99	Plymouth State	2:00 p.m.
Saturday	11/13/99	College of New Jersey	2:00 p.m.

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